

**Covid-19 Resource List**  
**May 2020**

<b>Covid-19</b>	
<b>NYS Department of Health COVID-19 Hotline</b>	<b>(888) 364-3065</b>
<b>Westchester County United Way Covid-19 Hotline</b>	<b>Dial- 211</b>
<b>Westchester County Department of Health Resources</b>	<a href="https://health.westchestergov.com/2019-novel-coronavirus">https://health.westchestergov.com/2019-novel-coronavirus</a>
An <b>online tool</b> to help residents determine whether they should be in quarantine, isolation or exercise caution, depending on their potential exposure to COVID-19.	<a href="https://covideterminationtree.westchestergov.com/covidDeterminationTree/">https://covideterminationtree.westchestergov.com/covidDeterminationTree/</a>
<b>Westchester County Covid-19 hotline for people under self-quarantine, or exposure to a known case</b>	<b>(866) 588-0195</b>
<b>Substance Use</b>	
<b>Westchester County's Department of Community Mental Health-</b> provides local substance use prevention and treatment programs, provides information and resources	Call- <b>914-995-1900</b> Text- <b>914-461-7281</b> 8am-8pm, Monday-Friday <a href="https://mentalhealth.westchestergov.com/chemical-dependency">https://mentalhealth.westchestergov.com/chemical-dependency</a>
<b>Regional Addiction Resource Center</b> – provides regional information, resources and lists prevention, treatment, and recovery programs in Westchester, Putnam, Rockland, Dutchess, Orange, Sullivan and Ulster Counties.	<a href="http://fordrughelp.com">http://fordrughelp.com</a>
<b>New York State Office of Addiction Services and Supports (OASAS)</b> - provides information and access to prevention, treatment, and recovery services for alcohol and other substance use disorders and problem gambling.	<a href="https://oasas.ny.gov">https://oasas.ny.gov</a> Call <b>(877) 846-7369</b> or text <b>HOPENY (467369)</b> for help 24 hours a day
<b>Medication-assisted treatment (MAT) for opioid use disorder</b> , including buprenorphine Induction via telehealth	<a href="https://oasas.ny.gov/treatment/medication-assisted-treatment-telehealth">https://oasas.ny.gov/treatment/medication-assisted-treatment-telehealth</a>
<b>Find Treatment</b> - a national listing of providers treating substance use disorders and mental illness.	<a href="https://findtreatment.samhsa.gov">https://findtreatment.samhsa.gov</a>
<b>Westchester Youth Clubhouse</b> - provides social, academic and vocational support to youth in recovery.	Program is housed in the Yonkers YMCA, but has some virtual programming. <b>Contact:</b> Vincent Taliaferro, Dir., 914-963-0183 X 12 <a href="mailto:Vincentt@yoymca.org">Vincentt@yoymca.org</a> <a href="http://www.yoymca.org">www.yoymca.org</a>
<b>Food Resources</b>	
<b>Feeding Westchester-</b> provides food resources, meals and drive –through food distributions.	<a href="https://feedingwestchester.org/find-help/">https://feedingwestchester.org/find-help/</a> <b>914.923.1100</b>
<b>New York State Hunger Prevention Nutrition Assistance Program (HPNAP)</b>	<b>First time applicants for HPNAP funding are eligible for a food line of credit through Feeding Westchester.</b> Contact Winnie Bonamico for more information <a href="mailto:bnamico@feedingwestchester.org">bnamico@feedingwestchester.org</a>
<b>Drive Through Food Pickup:</b> Feeding Westchester has scheduled drive thru food distribution locations. To participate, individuals must complete the form on the website to participate.	To access the form please go to- <a href="https://info.feedingwestchester.org/drive-thru-food-distribution">https://info.feedingwestchester.org/drive-thru-food-distribution</a>
<b>Westchester County Schools Food Distribution Plan-</b> breakfast and lunch meals are available to families at schools throughout Westchester. See website for locations and times.	<a href="https://www.westchestergov.com/home/all-press-releases/8330-westchester-county-schools-food-distribution-plan">https://www.westchestergov.com/home/all-press-releases/8330-westchester-county-schools-food-distribution-plan</a>

Domestic Violence	
<b>My Sisters' Place</b> , provides outreach, and confidential supportive and legal services	24/7 HOTLINE: <b>800-298-7233 (SAFE)</b>
<b>Hope's Door-</b> seeks to end domestic violence and to empower victims	<b>1-888-438-8700</b>
<b>New York State Domestic Violence Hotline:</b>	<b>1-800-942-6906</b>
<b>NYS Child Abuse Hot Line</b>	<b>1-800-342-3720</b>
Mental Health	
<b>Westchester County's Department of Community Mental Health</b> information, support and referral line. Resources and tips for coping with Covid-19	Call- <b>914-995-1900</b> Text- <b>914-461-7281</b> 8am-8pm, M-F <a href="https://mentalhealth.westchestergov.com">https://mentalhealth.westchestergov.com</a>
<b>National Alliance on Mental Health (NAMI) Westchester</b> Trained staff answer calls and provide information about mental health resources in Westchester.	<a href="http://www.namiwestchester.org">www.namiwestchester.org</a> Call- <b>914-592-5458</b> Help Line, Monday-Friday 9am-2pm
<b>New York State Office of Mental Health COVID-19 Emotional Support Line</b>	<b>(844) 863-9314</b> <a href="https://omh.ny.gov">https://omh.ny.gov</a>
<b>National Suicide Prevention Lifeline</b>	<b>1-800-273-TALK (8255)</b>
<b>CRISIS HELP:</b> <b>Westchester Prevention and Response Team</b> <b>Crisis Text Line</b>	<b>914-925-5959</b> 24/7 phone coverage <b>Text "Got5" to 741-741</b>
<b>The Bereavement Center – provides grief counseling to individuals and their families.</b>	<a href="https://www.bcwtreehouse.org">https://www.bcwtreehouse.org</a> <b>To make an appt.-914-787-6158 x317</b>
Financial Resources	
<b>The Bridge Fund is available to provide funding and respond to basic needs requests.</b> For example- a family in need of covering their internet bill in order to have their children continue their academics, medication copays, utility bills, food, diapers, etc. Applicants need to complete the basic application- which if necessary can be done over the phone with one of our staff. Copies of identification, and documentation of the specific need will be required.	<b>Grace Perry</b> , Director, The Bridge Fund of Westchester 171 E. Post Rd., Suite 200, White Plains, NY 10601 Tel. (914)949- 8146, ext. 4, Fax. (914)949-1162 <a href="mailto:gperry@thebridgefund.org">gperry@thebridgefund.org</a>   <a href="http://www.thebridgefund.org">www.thebridgefund.org</a>
<b>Unemployment Insurance Relief During COVID-19 Outbreak:</b> Contact the NYS Office of Unemployment	<b>1-888-209-8124</b> <a href="https://applications.labor.ny.gov/IndividualReg/">https://applications.labor.ny.gov/IndividualReg/</a>
<b>Lifeline Assistance-</b> a federal benefit program that helps fund communication services including phone and internet to families. ( 37 companies/carriers in NYS are offering this benefit)	<a href="https://oasas.ny.gov/system/files/documents/2020/04/assurance-wireless-program.pdf">https://oasas.ny.gov/system/files/documents/2020/04/assurance-wireless-program.pdf</a>
Housing	
<b>Westchester County Emergency Housing Services-</b> If you are in need of immediate shelter	<a href="https://socialservices.westchestergov.com/homeless-services">https://socialservices.westchestergov.com/homeless-services</a> Call (914) 995-5938. Families seeking shelter after hours or during weekends should contact DSS Emergency Services at (914) 995-2099.
<b>Warming/drop-in centers-</b> for individuals seeking shelter are open and may be contacted directly.	<b>Peekskill and Surrounding Area</b> , Jan Peek Shelter: 914-736-2336, <b>White Plains and Surrounding Area</b> , Samaritan House Shelter (Female only facility): 914-948-3075, <b>New Rochelle-</b> Oasis Shelter-914-633-010, <b>White Plains.-</b> Open Arms Shelter (Male only facility): 914-948-5044